

# SKILLS DEVELOPMENT ASSIGNMENTS FOR STUDY TECHNIQUES

## Memory

### Reading Assignment

Request the following textbook:

**On Course: Strategies for Creating Success in College and in Life – Employing Interdependence (Wise Choices in College – Rehearsing and Memorizing Study Materials, section at the end of chapter)**

Read the selected chapter pertaining to memory and take notes while you read.

### Internet Assignments

Internet Video Lessons – Review the following online videos. Take notes while you watch.

[The Magic of Memory](#)

[The Study of Memory](#)

[Redesign My Brain: Make Me Smarter](#)

### Application of Learning

For one week, implement three new rehearsing and memorizing strategies you learned to help you effectively understand and remember what you are learning for a course you are currently taking or will take in the future.

Describe in a minimum one-page response the strategies you used and how they worked for you. After you have written your description, show your skills development instructor the strategies you used.

### Assessments

Ask your Skills Development Instructor for the final reflection for this assignment entitled *Reflection is Part of Learning*.